

THRIVE LEADERSHIP MASTERCLASS

Transform your leadership experience from surviving to thriving with Alison Earl

ONLINE IMMERSIVE LEARNING + A FRAMEWORK
TO GUIDE YOU FROM SURVIVING TO THRIVING

Are you an early education leader seeking to enhance collaboration, cooperation, and responsibility within your team? Join us for a transformative online masterclass with internationally acclaimed leadership expert, Alison Earl.

Alison brings a blend of dynamic teaching and deep empathy. Under her guidance, you'll learn to:

- ▶ Adopt a visionary leadership approach.
- ▶ Manage stress effectively, preventing burnout.
- ▶ Cultivate a resilient stress response for better decision-making.
- ▶ Foster a culture of collaboration and transparency within your team.
- ▶ Navigate challenges with open communication, reducing resistance and fostering innovation.

Alison's primary goal is to empower individuals to master their reactions to change, uncertainty, and stress. Join us for a transformative experience that promises not just knowledge but a ripple effect of positive change throughout your organisation.



If you only attend one professional development session this year, this is the one you should attend. The leadership training Alison provided was excellent, I am still using her strategies with my team 12 months down the track."

Kathy Phipps, Narooma Preschool Director & 2022 Alison Earl Leadership Retreat attendee



DELIVERY Online

DATE Thursday 26 October

TIME The training will run over 2 x 90 minute sessions:

- ▶ 10am-11.30am and
- ▶ 1pm-2.30pm

LOCATION Online

COST

SINGLE TICKET

Members: \$95
Non members: \$120

TEAM TICKET

Members: \$190
Non members: \$240

Note: CELA has decided to subsidise the cost of this session to ensure as many as possible can benefit from Alison's expertise.

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PROGRAM

The content will be broken up across 2 x 90 minute webinar sessions.

TIME	DETAILS
10.00AM-11.30AM	<p>Workshop 1: Adapting to Change (Alison Earl)</p> <ul style="list-style-type: none"> ▶ Understand the impact of change and uncertainty, how stress works and the power of mindset to take control of our own experience. ▶ OUTCOME: A changed mindset strategy
	<p>Workshop 2: Empowering Others (Alison Earl)</p> <ul style="list-style-type: none"> ▶ Learn to make critical shifts to empower your team to be 'response-able' and gain tools to protect yourself against leader fatigue. ▶ OUTCOME: Overcome leader fatigue
11.30AM-1.00PM	<ul style="list-style-type: none"> ▶ Break
1.00PM-2.30PM	<p>Workshop 3: Mastering Time Scarcity (Alison Earl)</p> <ul style="list-style-type: none"> ▶ Discover a new approach to time management that incorporates energy management; restructure your day to maximise usable hours and productivity. ▶ OUTCOME: Improve productivity
	<p>Workshop 4: Developing Leadership Strengths (Alison Earl)</p> <ul style="list-style-type: none"> ▶ Through a process of appreciative inquiry, we will identify and enhance the self-determined 'forces' behind optimal success. ▶ OUTCOME: Create an actionable plan to move forward



MEET YOUR FACILITATOR - Alison Earl

Alison is a resilience and mindset expert, positive psychology practitioner and author. She works with people and companies globally to empower self-directed change.

With over 15 years spent studying human behaviour and motivation, Alison helps people take control of their own experience of stress, change and uncertainty, so that they feel empowered to adapt and thrive. Her intent is not to eliminate or reduce stress in people but help them become more resilient and resourceful and to thrive with stress – not just survive it.

A repeat guest lecturer in Behavioural Economics at the Harvard School of Public Health, Alison also leads a think tank dedicated to solving the most complex problems in behaviour change.



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