

Director's Retreat May 2019 Program

Rethinking your leadership practices, creates professional sustainability for yourself and others. The Byron Bay Retreat will support you in identifying foundations of leadership and reconnect you with your purpose, values and beliefs as a leader.

The program is intentionally designed to move you through learning, reflection, activity and calm.

There will be a particular focus at the May Retreat, on the importance of trust in the workplace and how working through a lens of trust can transform your leadership. Strategies that you will take away, are infused with conversational intelligence and coaching frameworks.

We continue to offer the Byron retreat because of the life changing results experienced by participants. At CELA we believe that taking care of yourself is essential for your wellbeing and a significant contributor to your professional success.

Webinar: Tuesday, 14 May

2.00 - 3.00pm	<p>WEBINAR - Retreat Planning and setting your intentions</p> <p>What are you going to take away from your retreat experience?</p> <p>Join us for a 1 hour webinar where you will meet the retreat facilitators and other participants. You will have the opportunity to set your intentions around what you would like to take away from the retreat and how you could turn your intentions into action.</p> <p>If you can't make the webinar don't worry, you will be able to access the recording and set your intentions at a time that suits you.</p>
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Welcome: Monday, 27 May

4.30 - 6.00pm	<p>Retreat Famille</p> <p>Join us at Ayindi for a brief gathering, to engage in the beautiful space that will be "home" during your time at the Retreat. This is an opportunity to connect with participants, presenters and the CELA team, to ask questions and gain a sense of comfort before beginning.</p>
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DAY 1: Tuesday, 28 May

9.00 - 10.00am	<p>Connect and reflect - Sarah Moore</p> <p>Our day will start with a beach walk where we will connect with each other and begin our retreat journey as a group.</p>
10.30 - 11.00am	<p>Finding Purpose and meaning in everything we do - Kerrie Maguire</p> <p>The aim of this hands-on workshop is to reignite passion and joy and reconnect with the forgotten child inside through ritual play activities. Bring a toy or play experience from your childhood to share with others.</p>
11.00 - 11.30am	<p>Break - Refresh and connect</p> <p>A chance to fuel our bodies with delicious and nutritious food.</p>
11.30 - 12.30pm	<p>Rediscovering your WHY and understanding it's purpose – Sarah Moore</p> <p>Connecting with your WHY and focusing on how it can create direction in your work: this session will help you unlock the best version of who you are and your purpose as a leader.</p>

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12.30 - 1.00pm	Break - Refresh and connect
1.00 - 2.00pm	Values & Beliefs – the core of your authentic leadership – Sarah Moore Uncover your values and beliefs as leaders and how you can align them with your WHY. Discover how values and beliefs can support and guide you as a leader.
2.00 - 2.30pm	Break - Refresh and connect
3.00 - 4.00pm	Drumming on the beach

DAY 2: Wednesday, 29 May

9.00 - 10.30am	Tracks – Your leadership Journey - Kerrie Maguire Join us for a session that will take you on a visual, hands-on journey through your leadership path that celebrates the significant milestones, people and events that have shaped you, not only as a person but as the leader you are today. Engage in innovative “tools” to unpack your leadership journey so far.
10.30 - 11.00am	Break - Refresh and connect
11am - 12.00pm	What we need to know about TRUST - Sarah Moore Learn why TRUST is so important. This session will introduce you to the TRUST model which is a Conversational Intelligence® tool and guide you through how to apply it within your leadership role.
12.00 - 1.00pm	Break - Refresh and connect
2.00 - 3.00pm	Time to play and take a risk!
3.00 - 4.00pm	Yoga
6.00 - 8.00pm	Join us for a simple dinner at Ayindi and an opportunity to share a relaxing evening together. This is completely optional and past experience tells us that some people like to explore Byron or have time alone, the choice is entirely yours.

DAY 3: Thursday, 30 May

9.00 - 10.30am	Leadership Wellbeing – Sarah Moore How to model wellbeing in your workplace.
10.30 - 11.00am	Break - Refresh and connect
11.00am -12.30pm	Looking back before looking forward - Sarah Moore & Kerrie Maguire This session will prepare you to step back into your leadership role as we reflect on the key takeaway messages about using new tools, skills, concepts and ideas in your leadership roles. Embed your WHY and set intentions about what you intend to grow and nurture from the retreat.
12.30 - 1.30pm	Lunch and end of the Retreat
1.30pm	This concludes the formal part of the retreat. Participants are welcome to stay and chat to each other and facilitators, walk on the beach, choose a space to meditate, contemplate and continue to evolve thoughts in a supported environment.

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Meet the facilitators



Sarah Moore

Sarah brings enormous energy and passion to everything she does. She is a highly motivated and passionate Certified Leadership Coach, Neuro-linguistic Practitioner and Conversational Intelligence® Coach.

With over 25 years of leadership, training and development experience in the UK and Australia, Sarah is known for her practical leadership programs that support people to create extraordinary results and to BE leaders worth following.

Sarah has studied under Judith E. Glaser, organisational anthropologist and specialist on Conversational Intelligence® to bring contemporary neuroscience based tools to her coaching, training and consultancy.

Sarah is driven to support Early Educational Leaders and teams in the immersion of these neuroscience based insights and tools to build human connections, trust, partnerships and mutual success.



Kerrie Maguire

Kerrie Maguire has been working in children's services for over 20 years. During this time, she has fostered a passionate belief in the significance educators have in the lives of the children they work with.

She is a resourceful problem-solver with a broad skill base across early childhood learning and development. Kerrie's focus is on practice, programming, documenting, effective communication and team building, in Long Day Care, Preschool, OSHC and Mobile children's services.

She is a highly experienced facilitator who has successfully delivered training across a range of methods such as face-to-face and webinar. Combined with a deep understanding of the National Quality Framework, Learning Frameworks and Supplementary regulations, she possesses the ability to provide effective one-on-one advisory support, mentoring and training.