

Director's Retreat

BYRON BAY
17 -19 SEPTEMBER 2019
Inspire - Engage - Ignite



Rethinking your leadership practices creates professional sustainability for yourself and others. The Byron Bay retreat will support you in identifying foundations of leadership and reconnect you with your purpose, values and beliefs as a leader. The program is intentionally designed to move you through learning, reflection, activity and calm.

There will be a particular focus at the retreat on the importance of trust in the workplace and how working through a lens of trust can transform your leadership. Strategies that you will take away are infused with Conversational Intelligence® and coaching frameworks.

We continue to offer the Byron retreat because of the life changing results experienced by participants. At CELA we believe that taking care of yourself is essential for your wellbeing and a significant contributor to the professional success of your team.

Webinar: Friday, 6 September

10:30AM TO 11:30AM

WEBINAR - Retreat preparation

Hosted by your facilitators, this one hour webinar is designed to bring retreat participants together to get to know a bit about each other, ask any burning questions, and ensure you know what to expect. If you can't make the webinar don't worry, you will be able to access the recording and set your intentions at a time that suits you.

DAY 1: Tuesday, 17 September

1:30PM TO 5:00PM

Connect and Reflect

SARAH MOORE

Connect with each other and begin our retreat journey as a group.

Understanding Joy and Happiness - Meet your happy chemicals

KERRIE MAGUIRE

Understand how your brain works to create love, joy and happiness. Using neuroscience we will explore strategies to turn on your happy chemicals and find your flow.

Drinks

DAY 2: Wednesday, 18 September

8:30AM TO 4:00PM

Drumming on the Beach

What we need to know about TRUST

SARAH MOORE

Learn why TRUST is so important in leadership and communication. This session will introduce you to the TRUST model which is a Conversational Intelligence® tool and guide you through how to apply it within your leadership role.

Play, Courage and your Authentic Self

KERRIE MAGUIRE

The aim of this hands-on workshop is to reignite passion and joy and through ritual play activities. Bring a toy or play experience from your childhood to share with others.

Tracks – Your leadership Journey

KERRIE MAGUIRE

Join us for a session that will take you on a visual, hands-on journey through your leadership path that celebrates the significant milestones, people and events that have shaped you in both your personal and professional life. Engage in innovative "tools" to unpack your leadership journey so far.

Director's Retreat 2019 Program

DAY 3: Thursday, 19 September

8:30AM TO 3:30PM

Yoga

Rediscovering your WHY and understanding its purpose

SARAH MOORE

Connecting with your WHY and focusing on how it can create direction in your work: this session will help you unlock the best version of who you are and your purpose as a leader.

Values & Beliefs – the core of your authentic leadership

SARAH MOORE

Uncover your values and beliefs as leaders and how you can align them with your WHY. Discover how values and beliefs can support and guide you as a leader.

Looking back before looking forward

SARAH MOORE & KERRIE MAGUIRE

This session will prepare you to step out of the retreat environment and support you to move into taking action with the new tools, resources, skills and perspectives you acquired during our time together.

Meet the facilitators



Sarah Moore

Sarah brings enormous energy and passion to everything she does. She is a highly motivated and passionate Certified Leadership Coach, Neuro-linguistic Practitioner and Conversational Intelligence® Coach.

With over 25 years of leadership, training and development experience in the UK and

Australia, Sarah is known for her practical leadership programs that support people to create extraordinary results and to BE leaders worth following.

Sarah has studied under Judith E. Glaser, organisational anthropologist and specialist on Conversational Intelligence® to bring contemporary neuroscience based tools to her coaching, training and consultancy.

Sarah is driven to support early educational leaders and teams in the immersion of these neuroscience based insights and tools to build human connections, trust, partnerships and mutual success.



Kerrie Maguire

Kerrie Maguire has been working in children's services for over 20 years. During this time, she has fostered a passionate belief in the significance educators have in the lives of the children they work with.

She is a resourceful problem-solver with a broad skill base across early childhood

learning and development. Kerrie's focus is on practice, programming, documenting, effective communication and team building in Long Day Care, Preschool, OSHC and Mobile children's services.

She is a highly experienced facilitator who has successfully delivered training across a range of methods such as face-to-face and webinar. Combined with a deep understanding of the National Quality Framework, Learning Frameworks and supplementary regulations, she possesses the ability to provide effective one-on-one advisory support, mentoring and training.

We only have 20 spaces available, book your spot soon to avoid missing out!

www.cela.org.au/2019-directors-retreat

Any questions? Please call 1800 157 818 or email: info@cela.org.au